

Olive Pesto

We Make, Learn, Laugh and Share

NEXT Meet-Up

Saturday 13 August

10 am—12 noon

In the Youth Hall Brunswick Uniting Church

Enter from Merri Street



Art work by Mel Drury

OLIVE PESTO

COVID SAFE PLAN

COVID is still very much active in the community
At Olive Pesto we continue to care for each other as follows:

MASKS — are STRONGLY RECOMMENDED while indoors, unless actually eating or drinking.

◆ Be aware that some participants may not be vaccinated due to a medical exemption. Others have health vulnerabilities.

◆ We won't ask your vaccination status.

◆ Hand sanitiser is available. Subject to weather conditions we will open the doors and windows to allow ventilation of the room.

◆ Tea and coffee will be served in a safe manner.

Hello dear Olive Pestovians,

Another month has flown by and we are getting closer to Spring.

I hope you have been finishing knitted or crocheted projects. A reminder to post photos of them on our Facebook group page or you can email them to me and I'll post on your behalf.

We'll done Glenice on your knitted little bear family for Ukraine.

In this edition there are new events on the Notice Board.

We've prepared a special page with information about Wurundjeri Seasons and an outline of the climate action projects that Brunswick Uniting Church is committed to. Please ask if you 'd like more information.

Thanks to everyone who attends our regular monthly days and the WWKIP day we were able to drop-off a trolley load of hand knits for KOGO. See the photos on pages 3 & 4. Your efforts and commitment are really appreciated.

Hope to see you again this Saturday.

Best wishes

Natalie Papworth

COVID and our community

Its hard to miss the news and media coverage of the COVID situation here in Victoria. We are all wondering how long the virus will be with us.

The Brunswick Uniting Church COVID Reference Group is encouraging all leaders to have a chat with participants about COVID measures in their group. The Victorian Health Department is now recommending that it is preferable to wear masks when physical distancing cant' be maintained. Mask wearing reduces the likelihood of infection.

Until the weather warms up having the doors and windows open is less desirable. Lets have a conversation at our next Meet-up. Its good to make sure that everyone is comfortable with what's been decided re mask wearing.



NOTICE BOARD

- ◆ **Friday Knit and Knatter** Natalie is happy to continue hosting Friday Knit and Knatter on Zoom. You don't need to knit or crochet. Just join us for a Knatter. Advice from experienced knitters is available if you need help with any of your knitting questions. So if you are free on Fridays at 3.30 pm please join us. Recurring Zoom link <https://zoom.us/j/93797233067?pwd=ZWluZ1pqREgvU2RFREgycm9vQXdEZZo9>
- ◆ **DEMONSTRATE YOUR SKILLS** - If you have any ideas for crafts, knitting or crochet you would like to try or offer to demonstrate this year please let Natalie know. An example we've been asked about is basic knitting in the round. There is always something new to learn.
- ◆ **Coburg Makers Market** (Art, Design and Good Times)
August 13 from 10am-3pm 69-73 Charles St, Coburg North VIC 3058, Australia
- ◆ **Craft Fair** - <https://www.onlymelbourne.com.au/crft-wrk-melbourne-craft-fair> Saturday 27 August
- ◆ **Scrap booking** — <https://10times.com/melbourne-paperific-expo> Do you enjoy scrap-boking?
- ◆ **Remember to keep posting photos of your work on our Facebook page.**

Remember the **Climate Action Scarves**? The stripes are based on records of world temperatures since 1900. Sadly the average has changed from Blue through Yellow – Orange—Red, reflecting climate change.

Have a chat to Natalie about her experience of knitting a Climate Scarf. Maybe have a go at knitting one. It's a good idea to share the cost of the yarn purchase with a friend as most of the colours only need part of a ball. Check out the links below.

https://www.commongrace.org.au/knit_for_climate_action

You can register to download the [#KnitForClimateAction](#) pattern here

https://www.commongrace.org.au/how_to_knit_for_climate...



If we could be so bold as to ask.....

KOGO are so grateful for all donations.
For this month...

- indigenous scarves, beanies, blankets, gloves in all sizes
- men's scarves in dark colours
- **Please note:** Adult blankets (approx. 1.6m x 1.2m) Cot blankets (1m x 1.2m, SIDS guidelines)

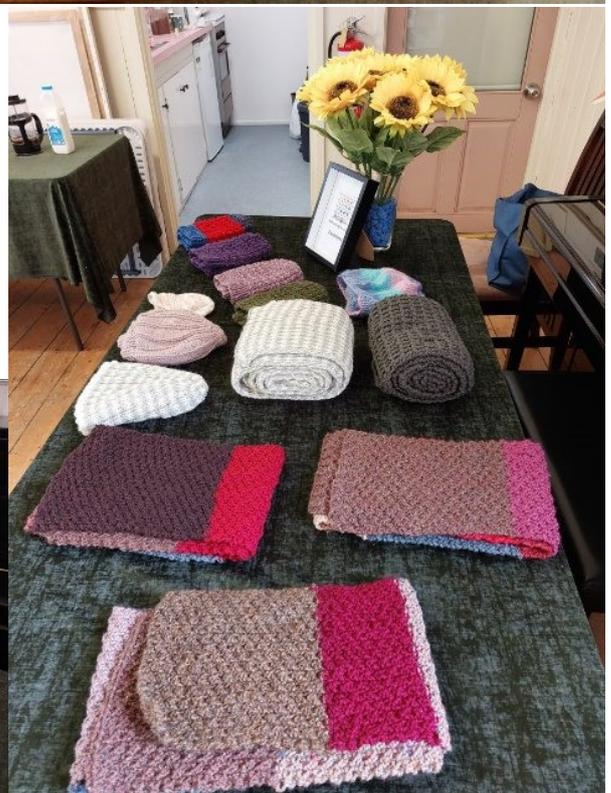
Please note:

We don't have the capacity to run in the ends of knitted garments so please send items without loose threads. (Note: this does not include blanket squares – we use the tails on our granny squares to sew the blankets together).

Check out the KOGO Website for lots more news <https://www.kogo.org.au/welcome>

Link to the KOGO July Newsletter <https://mailchi.mp/iinet/july-2022-newsletter-2611284>

Lovely little Teddies for Ukraine. Glenice's latest project.



A few photos of donated items from our July Meet-up.

Thank you everyone!



Hi Ho Hi Ho its off to KOGO we go!

Just look at that haul.

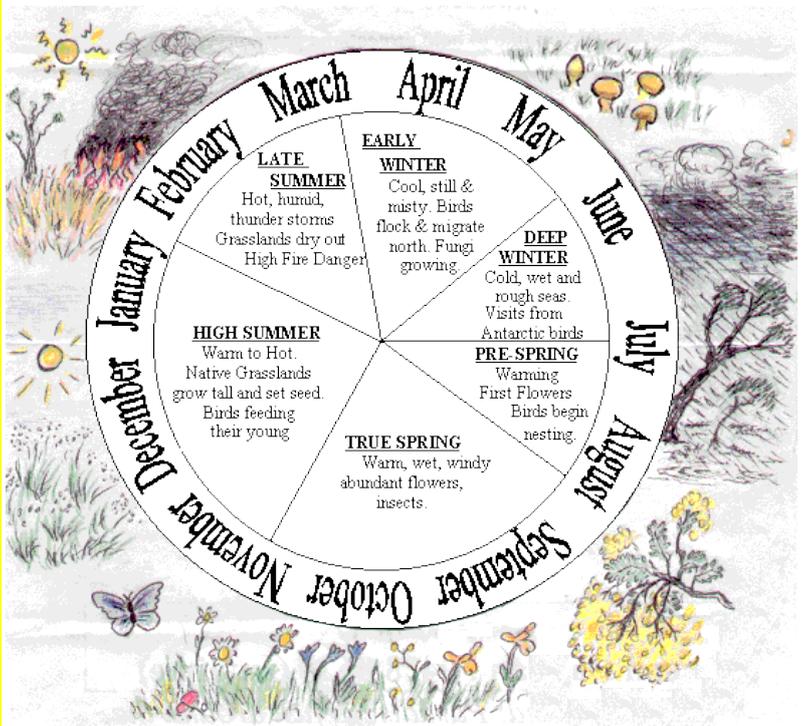
Thank you Natalie and Leanne for dropping off our donated items to the Lincraft store.

Spring is just around the corner! Have you spotted the Cootamundra Wattles bursting into flower?

What a joy it is to feel the sun on our heads after such a cold winter.

You might be interested to read about how Wurundjeri people in Victoria marked the seasons. Check the link under the picture. Lifestyle depended very much on the rhythm of the seasons. People moved over their extensive territories in regular cycles, maximising the availability of food and shelter. When food was plentiful there were opportunities to carry out ritual responsibilities and opportunities for ceremonial gatherings.

The Brunswick Uniting Church (BUC) congregation has a theme for September— The Season of Creation. The theme will be presented in readings, sermons and other activities. All are Welcome to participate—Sunday at 9.30am. Information about the BUC Climate Action Plan is also printed below.



Reference: <https://www.herringisland.org/seasons1.htm>

True Spring- September, October.

This was a time of plenty. Lilies, Orchids and MURNONG flowered, and still provided root vegetables. Greens were consumed in large quantities. Flowers were everywhere -Wattles, Hop Goodenia, Burgan, Kangaroo Apple, as well as orchids and small lilies which had been building their tubers over the winter. Snakes and Lizards became active, young Kangaroos came out of the pouch. Migrant birds - the Sacred Kingfisher for example, returned from the north. Tadpoles appeared in ponds, and the river, fed by melting snows from the mountains, flowed into the flood-plains and replenished the billabongs. Water-plants put on green leaves. Nowadays this flooding is prevented.



Brunswick Uniting Church Climate Action Plan

Most people in the community are concerned about the environment. Many are taking personal actions to change their lifestyle to more sustainable practices. The Brunswick Uniting Church launched a Climate Action Plan in 2020. The Plan is available at this link.

<https://brunswick.unitingchurch.org.au/> Click on the Climate Crisis blue world button. One fun activity by the Climate Action Group was to set up a feedback site so people could add in actions that they have taken on board. Check out the moving graph at the link below. BUC is Going Gangbusters!!! <https://brunswick.unitingchurch.org.au/home-page/social-action/buc-acknowledges-climate-crisis/buc-households-act-for-climate-justice/> Scroll down for the lists of actions. Add your actions and maybe you will also see some ideas that you can try.



Here's a suggestion. Did you know that BUC has a Food Co-op? Its been going for over 20 years. The small action of buying food and cleaning products from a bulk source means that you will be saving many, many plastic bags and containers. The Food Co-op buys in bulk, you come along on a distribution day with your empty containers and refill from bulk bins. No need to buy large quantities, just purchase your household supplies—we are open each month on the Third Saturday of the month (morning) and on the Thursday evening immediately following this (trial for July-Sept).

Food Co-op priority is to buy Australian origin products and organic if the price is not prohibitive. The cleaning products are environmentally friendly. And best of all, the prices are competitive with similar outlets in Brunswick. Did we mention?—Food Co-op has approximately 60 products, mainly pantry staples.

Come and try! And when you join up as a Member you will also be invited to commit to Volunteering on Distribution Days or on the Committee or for other tasks. This is how we keep our prices competitive.

Next Distribution sessions —Saturday 20 August from 9.30 am—11.45 am & Thursday 25 August from 6-7 pm.

Venue: The Olive Way Room (via the covered way next to the Main Hall)

For further information please contact Helen Rowe on SMS 0423 009 813 or Email helen.rowe@rocketmail.com

